

EVENT SPOTLIGHT



Spiritual Teaching Circle



Learn how to apply Spiritual Philosophies to your every day life.

Spiritual Teaching Circle

Sept. 19th, Oct. 17th and Nov. 14th
10-11 am PST

Event Location: Zoom or
Private Studio in Murrieta CA
Address OR Link given upon
registration

Session Cost: Donation

Exciting news from The Breath Of New Life! ✨ We're introducing something fresh and inspiring – the Spiritual Teaching Circle.

Picture this: a 60-75 minute session where we dive into the nitty-gritty of integrating spiritual practices and philosophies into our everyday lives. You know those moments of transcendence during meditation, yoga, or breathwork? Let's make that our norm, not just a fleeting escape.

Life has a sneaky way of pulling us back into the whirlwind of rushing, doing, and all that chaos. But fear not, these monthly gatherings are your space to get answers, tackle challenges, and find your peace.

Expect candid discussions and practical takeaways. I'm all about walking the talk, so I'll be sharing personal tips from my 10+ years on the ascension path. Think of it as a toolbox of strategies for a more balanced, grounded you.

And here's the kicker: for starters, this program works on a donation basis. Consider it an opportunity for us to collaborate, fine-tuning the content to perfectly serve your needs.



The first three sessions are locked in:

- Tuesday, Sept 19th
- Tuesday, Oct 17th
- Tuesday, Nov 14th

Mark your calendar for 10-11 am or 11:15 am – the choice is yours. And guess what? You can join us in person or hop online – your call. While we won't be recording these gems right off the bat, who knows what the future holds?

Ready to infuse your life with the magic of spiritual practice? Let's dive in together. Reach out to me to secure your spot for the first session.

Stay tuned for transformation!

To Register for A Session,
Close This **More info** Page and
CLICK the **Buy Tickets** Button.