

## EVENT SPOTLIGHT



### Breathing Beyond Grief™ Weekend Program



A transformative weekend retreat designed to help you release pain, reclaim joy, and find empowerment.

### Breathing Beyond Grief™ Weekend Program

When: February 28, 2025, 5 PM –

March 2, 2025, 6 PM

Where: Michelle's Place, 41669 Winchester Rd.,  
Unit 101, Temecula, CA

Cost: \$495 (Early Bird: \$450 by February 7, 2025)

Scholarships: Available for Michelle's Place clients  
and staff

#### Event Description for Website

Discover Renewal at the Breathing BEYOND Grief™ Weekend Retreat

Are you ready to embrace healing and step into a brighter future? Life's challenges, especially grief, can feel overwhelming—but healing and thriving are possible. Join us for Breathing BEYOND Grief™, a transformative weekend retreat designed to help you release pain, reclaim joy, and find empowerment.

#### What You'll Experience:

**Release and Reclaim:** Let go of lingering grief and trauma to create space for renewal.

**Emotional Empowerment:** Gain tools to manage triggers and respond with calm and confidence.

**Inner Peace:** Reconnect with your resilience and find harmony in life's challenges.

This program is tailored to address all kinds of grief—loss of a loved one, career changes, relationship endings, or personal betrayals. With expert guidance, supportive practices, and a safe space, you'll find the healing and renewal you deserve.

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Spots are limited, so don't wait to join this life-changing experience!

<https://TheBreathOfNewLife.as.me/BBG25>